

Lesson 11 Fruit of the Spirit 2

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- (1) Love
- (2) Joy
- (3) Peace
- (4) Patience

- (a) a state of quiet trust and calm
- (b) goodwill, benevolence, having the best interest of others at heart
- (c) awareness, gladness, and delight in God's grace
- (d) self-control, restraint, and tolerance from taking action

Gal 5: ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

Kindness – the quality of being friendly, generous, and <u>considerate</u>; benignity, tolerance towards other; our whole nature mellowing all that is harsh and austere Opposite of severity or cutting something short and quickly

Goodness – being morally good or virtuous; intrinsic goodness (with emphasis on kindness as opposed to righteous side of goodness)

Woman caught in adultery (Jn 8:1-11)

Ec 7:16 Do not be excessively righteous, and do not be overly wise. Why should you ruin yourself?

Mk 3:1He entered a synagogue again; and a man was there whose hand was withered. ² And they were watching Him closely to see if He would heal him on the Sabbath, so that they might accuse Him. ³ He *said to the man with the withered hand, "Get up and come forward!" 4 And He *said to them, "Is it lawful to do good on the Sabbath or to do harm, to save a life or to kill?" But they kept silent. ⁵ After looking around at them with anger, grieved at their hardness of heart, He *said to the man, "Stretch out your hand." And he stretched it out, and his hand was restored. ⁶ The Pharisees went out and immediately began conspiring with the Herodians against Him, as to how they might put Him to death.

Faithfulness/fidelity/longanimity – continuing loyalty and support

Longanimity (the ability to endure injuries or hardships with patience and forbearance)

Hos 2: 19 "I will betroth you to Me forever; Yes, I will betroth you to Me

In righteousness and justice, In lovingkindness and mercy; ²⁰ I will betroth you to Me in faithfulness, And you shall know the LORD.

Dan 6 – Daniel was faithful. He continued praying only to Yehovah God even though it was outlawed

Rev 2:10 Do not fear what you are about to suffer. Behold, the devil is about to throw some of you into prison, so that you will be tested, and you will have tribulation for ten days. Be faithful until death, and I will give you the crown of life.

Mt 13:²⁰ But he who received the seed on stony places, this is he who hears the word and immediately receives it with joy; ²¹ yet he has no root in himself, but endures only for a while. For when tribulation or persecution arises because of the word, immediately he stumbles.

Rev 17:14 These shall make war with the Lamb, and the Lamb shall overcome them: for he is Lord of lords, and King of kings: and they that are with him are called, and chosen, and **faithful**.

Gentleness/meekness - the quality of being kind, tender, or mild-mannered; softness of action or effect; lightness

2 Sam 22:36

You protect me with your saving shield. You have stooped to make me great. (ICB)

Thou hast also given me the shield of thy saving health, and thy meekness has multiplied me. (JUB)

Prov 25:15 By long forbearance a ruler is persuaded, And a **gentle** tongue breaks a bone.

Mt 11:29 Take My yoke upon you and learn from Me, for I am **gentle** and lowly in heart, and you will find rest for your souls. Mt 5:5 Blessed *are* the **meek**, For they shall **inherit** the **earth**.

Self-control/temperance- the ability to control <u>oneself</u>, in particular one's emotions and desires or the expression of them in one's behavior, especially in difficult situations.

Diet, credit, emotion, sexual urges...

Prov 16:32 *He who is* slow to anger *is* better than the mighty, And he who **rule**s his **spirit** than he who takes a **city**.